

CONTINUING MEDICAL EDUCATION (CME)

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Eastern Virginia Medical School and the American Society for Nutrition. Eastern Virginia Medical School is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Eastern Virginia Medical School designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Learning Objectives

- Explain research advances in basic and clinical science of nutrition, obesity, metabolism and related conditions;
- Appraise current nutrition and obesity research and identify opportunities, if appropriate, for integrating research findings into clinical practice;
- Examine the latest research findings on nutrition strategies across the lifespan and for special health conditions (e.g., diabetes, cardiovascular disease, cancer);
- Identify new research in areas with identified research gaps;
- Formulate a career development path to strengthen an interest in basic and clinical nutrition science.

Target Audience

Health care professionals (MDs, NPs, PAs, RNs, RDs), faculty in medical, nursing, nutrition and other health professional schools, and nutrition scientists and public health professionals.

Disclosure of Relevant Relationships with Relevant Commercial Companies/Organizations

Eastern Virginia Medical School endorses the Standards for Commercial Support of the Accreditation Council for Continuing Medical Education and the Guidelines of the Association of American Medical Colleges that the providers of continuing medical education activities, the planning committee and presenters at these activities disclose relevant relationships with commercial companies whose products or services are discussed in educational presentations.

For providers, relevant relationships include large research grants, institutional agreements for joint initiatives, substantial gifts, or other relationships that benefit the institution. For planning committee members or presenters, relevant relationships include receiving from a commercial company research grants, consultancies, honoraria and travel, other benefits, or having a self-managed equity interest in a company.

The following planning committee members or presenters have disclosed that they do not have any relevant relationships with commercial companies: **Anne Anderson Berry, MD, PhD; Jeff Browning, MD; Marissa Burgermaster, MAEd, MS, PhD, MA; Wendy Demark-Wahnefried, PhD, RD; Roschelle A. Heuberger, PhD, RD; Gordon Jensen, MD, PhD; Amy Locke, MD; Marian Neuhouser, PhD, RD; P.K. Newby, ScD, MPH, MS; Jeremy Spencer, BSc, PhD; Christy Tangney, PhD; Renay Tyler, DNP, RN, ACNP; Jaime Uribarri, MD; and Linda Van Horn, PhD, RD .**

The following planning committee members or presenters have disclosed that they do have relevant relationships with commercial companies:

Connie Bales, PhD, RD	Abbott Nutrition: Speaker's Bureau
Aron Barbey, PhD	Abbott Nutrition: Grant/Research Support; Natrol, LLC: Advisory Committee/Board Member
Albert Barrocas, MD	Abbott Nutrition: Authoring, editing articles, Speaker's Bureau
Tomas Ganz, MD, PhD	Ablynx: Consultant; Akebia / Keryx Pharma: Consultant, Grant/Research Support; Ambys: Consultant; Global Blood Therapeutics: Consultant; Intrinsic LifeSciences, LLC: Other Financial or Material Support, Scientific Founder, Shareholder; Ionis: Consultant; La Jolla Pharma: Consultant; Sierra Oncology: Consultant; Silarus Pharma: Other Financial or Material Support, Scientific Founder, Stockholder/Ownership Interest (excluding diversified mutual funds)
Purna Kashyap, MBBS	DayTwo: Other Financial or Material Support; Department of Medicine and the Center for Individualized Medicine in Mayo Clinic: Grant/Research Support; NIH: Grant/Research Support; State of Minnesota: Grant/Research Support; uBiome: Advisory Committee/Board Member
Samuel Klein, MD	Aspire Bariatrics: Stockholder; Dannon/Yakult: Advisory Member, Consultant; Human Longevity Inc.: Stockholder; Johnson & Johnson: Grant/Research Support; Merck Pharmaceuticals: Advisory Committee/Board Member, Consultant, Grant/Research Support; Novo Nordisk: Advisory Committee/Board Member, Consultant; Pfizer: Advisory Committee/Board Member, Consultant; REMD Biotherapeutics: Grant/Research Support
Zhaoping Li, MD, PhD	Hass Avocado: Grant/Research Support; ASN: Board of Directors
David Ludwig, MD, PhD	Self (Both Myself and my Spouse/Partner): Other or Material Support, royalties for books for the public that recommend a carbohydrate-modified diet
David A. McCarron, MD	Academy Nutrition and Dietetics: Grant/Research Support; Salt Institute: Speakers' Bureau; ConAgra Foods: Advisory Board/Committee; Grocery Manufacturers Association: Consultant; National Board of Physician Nutrition Specialists: Board of Directors
Dariusz Mozaffarian, MD, DrPH	National Institutes of Health: Grant/Research Support; The Gates Foundation: Grant/Research Support; GOED: Other Financial or Material Support; Nutrition Impact: Other Financial or Material Support; Pollock Communications: Other Financial or Material Support; Bunge: Other Financial or Material Support; Indigo Agriculture: Other Financial or Material Support; Amarin: Other Financial or Material Support; Acasti Pharma: Other Financial or Material Support; Cleveland Clinic Foundation: Other Financial or Material Support; America's Test Kitchen: Other Financial or Material Support; Danone: Other Financial or Material Support; Elysium Health: Advisory Committee/Board Member, Stockholder; Omada Health: Advisory Committee/Board Member; DayTwo: Advisory Committee/Board Member; UpToDate: Other Financial or Material Support
Kathryn Porter Starr, PhD, RD	Abbott Nutrition: Speaker's Bureau; National Cattlemen's Beef Association: Speaker's Bureau
David Seres, MD	Community Surgical Services: Consultant; Durable Inc: Advisory Committee; Blue Mesa: Advisory Committee

All potential conflicts of interest have been resolved.

Attestation & Evaluation Information

An attestation & evaluation survey will be sent via Survey Monkey. In order to receive CME credits, you must complete the survey. Once the survey is complete you will receive an electronic certificate. If you have any questions regarding the attestation process, please contact EVMS CME at 757-446-6140.

Dietitian/Dietetic Technician Information

ASN designates this educational activity for a maximum of 23.5 CPEUs. Dietitians and dietetic technicians registered should only claim credit commensurate with the extent of their participation in the activity. ASN (Provider #NS010) is accredited and approved by the Commission on Dietetic Registration (CDR) as a provider of Continuing Professional Education (CPE) programs for Registered Dietitians.

Activity Number: 148135

CPE Level 2

An attestation & evaluation survey will be available via Survey Monkey at <https://www.surveymonkey.com/r/3P7K5CY>. In order to receive CME credits, you must complete the survey. You may download a certificate for your records at <https://meeting.nutrition.org/program/#ce>

If you have any questions regarding the attestation process, please contact education@nutrition.org.