



### **3<sup>rd</sup> Global Summit on the health effects of yogurt**

Experimental Biology Congress,  
Room 156BC, Boston Convention Center

March 28<sup>th</sup> 2015

## ***Yogurt consumption and weight management: New findings & perspectives***

***28 March 2015 (12:45 am-14:45 pm)***

**1- Welcome and Introduction (10 min)**

Sharon Donovan and Raanan Shamir

**2- Reviewing evidence: the added value of a systematic approach to yoghurt and weight (30 min)**

Speaker : Jacqui Eales YHEC

**3- Yogurt & weight : New insights on the evidence (30 min)**

Speaker: Richard Atkinson

**4- Yogurt & weight : Potential mechanisms (30 min)**

Speaker: Angelo Tremblay

**5- End and conclusion (10 min)**

Sharon Donovan and Raanan Shamir