



Where the **Best** in Science & Health Meet

JUNE 9-12, 2018 | HYNES CONVENTION CENTER, BOSTON, MA

## ASN's 4<sup>th</sup> Emerging Leaders in Nutrition Science Poster Competition

Saturday, June 9, 2018 · 5:30 – 7:00 pm

The Hub (ASN's Expo Hall) · Hynes Convention Center, Auditorium

ASN's 4<sup>th</sup> Emerging Leaders in Nutrition Science Poster Competition features the very best research submitted by students and young investigators to Nutrition 2018. Organized by ASN's Research Interest Sections, the Global Nutrition Council and the Medical Nutrition Council, finalists will compete in each of the following Nutrition 2018 abstract topical areas.

- Aging and Chronic Disease
- Biomarkers
- Carotenoids and Retinoids
- Chronobiology
- Climate/Environment, Health, Agriculture and Improved Nutrition
- Community and Public Health Nutrition
- Diet and Cancer
- Dietary Bioactive Components
- Energy and Macronutrient Metabolism
- Experimental Animal Nutrition
- Global Nutrition
- Maternal, Perinatal and Pediatric Nutrition
- Medical Nutrition
- Methods and Protocols
- Neurobiology
- Nutrient-Gene Interactions
- Nutrition Education and Behavioral Sciences
- Nutrition Translation
- Nutritional Epidemiology
- Nutritional Immunology and Inflammation
- Nutritional Microbiology
- Obesity
- Policy
- Sports Nutrition
- Vitamins and Minerals

### Key Details

- Posters can be hung on assigned boards between 5:30 to 6:00 PM.
- Each finalist is asked to make poster presentations during the judging hour of the competition.
- Each poster will be judged by at least two judges who will circulate through the posters from 6:00 to 7:00 PM.
- The ELPC will run concurrently with the Welcome Reception allowing all meeting attendees to view the posters also.
- Posters will be judged on the following:
  - *Originality and Significance*
    - How original and significant is the concept presented in this poster?
  - *Organization*
    - Is the hypothesis clearly stated?
    - How logical are the ideas presented in this poster?
    - Is the manner of presentation clear?
  - *Methods*
    - Is the study design suitable for the stated objectives?
    - How appropriate are the statistical techniques?
  - *Presentation of Results*
    - How effective is this poster visually?
    - Is each figure and graph of value?

- *Conclusions*
  - Are the conclusions consistent with the data?
  - Does the research advance the science?
- *Interview*
  - How knowledgeable and conversant is the presenting author with the research presented?
  - Is the author enthusiastic about the work?
- Winners will be chosen and announced at various times throughout Nutrition 2018. More information about the announcement of awards will be provided to finalists at the event.
- All finalists will receive special recognition in ASN meeting materials. Winners will receive a certificate and travel award.
- Please note that this competition is separate from assigned oral or poster presentations that are part of Nutrition 2018's official scientific program.

### Poster Presentation Instructions:

Posters should be readable by viewers three feet away. Use large print and shade or color block letters when possible. A minimum font size of 28 point and a maximum of 600 words are recommended. The message should be clear and understandable without oral explanation.

The poster-board surface area is 3'8" high and 5'6" wide. Prepare a 6" high headline strip that runs the full width of the poster. Include the title, presenting author, co-authors, and affiliations on the strip in letters not less than 1" high. Remember to leave space on the board for colleagues to leave notes and include an email address for viewers to contact you later. You may attach business cards and/or copies of your abstract to your poster board.

### Poster Presentation Guidelines:

The following guidelines will help improve the effectiveness of your poster presentation:

- **Initial Sketch:** Plan your poster early. Focus your attention on a few key points that follows the main headings in your abstract typically Objectives, Methods, Results, and Conclusions.
- **Rough Layout:** Enlarge your best initial sketch, keeping the dimensions in proportion to the final poster. Ideally, the rough layout should be full size. A blackboard is a convenient place to work. Print the title and headlines. Draw rough graphs and tables.
- **Final Layout:** The artwork is now complete. The text and tables are typed. Now ask, is the message clear? Do the important points stand out? Is there a balance between words and illustrations? Is there spatial balance? Is the flow from Objectives, Methods, Results and Conclusions easy to follow?
- **Balance:** The figures and tables should cover slightly more than 50% of the poster area. If you have only a few illustrations, make them large. Do not omit the text, but keep it brief. The poster should be understandable without oral explanation.
- **Topography:** Avoid abbreviations, acronyms, and jargon. Use a consistent font throughout. An 8.5" x 11" sheet of paper enlarged 50% makes the text readable from a distance of three to five feet.
- **Eye Movement:** The movement of the eye over the poster should be natural, down the columns or along the rows. Size attracts attention. Arrows, pointing hands, numbers, and letters can help clarify the sequence.
- **Simplicity:** Resist the temptation to overload the poster.